

The Sarasota County Wellness Coalition presents:

Motivational Interviewing: Key Techniques & Strategies



Topics Include

Clinical Benefits of
Motivational
Interviewing

Stages of Change Model

Motivational
Interviewing Techniques

Ten Clinical Strategies to
Increase Compliance



Date

Friday, March 26, 2010

Time

8:00am - 9:00am

Location

Laurel Nokomis School ~ Cafetorium
1900 East Laurel Road Nokomis

*If you are interested in helping your patients/
clients improve the quality and health of their lives,
then this program is for you! Learn the key
techniques and strategies from acclaimed
Psychologists/ Authors' Drs. Cortman and Shinitzky.
This educational and entertaining program will
review the basics of motivational interviewing.*

RSVP required by **March 17th**.

Please contact Lucie Gurley, GSAHEC at
(941)361-6602 or email lgurley@health.usf.edu

1.0 Continuing Education Credit for licensed Nursing and
Mental Health Professionals; Registered Dietitians and Dietetic
Technicians have been applied for.



Feel free to forward this flyer!

www.sarasotawellness.org